



DK Injury Clinic comes under section 15, sub sections: 'Paramedical and essential therapy activities' AND 'Primary Care, general and specific medical practice activities provided by public and private providers'

Essential Services Providers have been included under the Public Health Guidelines released by the Department of an Taoiseach on 28th March.

Policies & Procedures for reopening of DK Injury Clinic

Under current Covid-19 government and HSE guidelines Injury Clinic can provide in clinic "Essential Services" only appointments to clients who:

- Have symptoms - acute pain, injury etc.
- Have a condition that has deteriorated or may deteriorate further without treatment
- Be a "Frontline worker, in order to keep them able to work
- Require Rehabilitation post cocooning or self-isolating to address/prevent further de-conditioning
- Require rehabilitation following total hip or knee replacement

DK INJURY CLINIC BOOKING APPOINTMENT PRE-SCREENING & CLINIC PREPARATION PRIOR TO SEEING CLIENTS:

- Conduct a telephone or video call with client prior to appointment.
- Assessment will be made to deem essential if they need to attend the clinic
- Prior to attendance, clients will be sent a pre-screening email that they must complete before attending.
- Clients will receive a confirmation email that they can carry with them when travelling to and from treatment in case they are stopped by the Gardaí and asked about the essential nature of their journey.
- Clients will be asked to remain in their car prior to appointment and you will call them in.
- Clients will be asked to wear a face mask. One will be provided if they don't have one.
- There will be hand sanitisers available in the clinic. Clients will be asked to use this when entering the clinic.
- The treatment room will **not** have a couch cover, pillows, or towel. But it will have a wipeable couch cover covered with disposable couch roll

DURING THE CONSULTATION:

- Your therapist will wear the recommended PPE that will include:
 - Face mask
 - Gloves
 - Protective disposable apron.
- As long as you are wearing PPE, CPC (close personal contact) is not limited to 15 minutes.
- The therapist should wear short sleeves as this is recommended to facilitate washing of the hands and arms to the elbow. Long sleeves may become contaminated.
- Minimise conversation. Minimise CPC
- Avoid touching your eyes, nose, mouth, and face.
- Cough/sneeze into your elbow.
- Wash your hands often, before and after providing each treatment.
- HSE Guidance on the use of PPE Section 4.6 Disposal of used PPE and waste
 - Put all personal waste including used tissues and all cleaning waste in a plastic rubbish bag.
 - Tie the bag when it is almost full and then place it into a second bin bag and tie.
 - Once the bag has been tied securely leave it somewhere safe. The bags should be left for three days (72 hours) before collection by your waste company.
 - Other household waste can be disposed of as normal without any time delay.

CLEANING & DECONTAMINATION OF TREATMENT ROOM:

- Allow an additional 15 minutes between each appointment to undertake infection control measures.
- Decontaminate all equipment used (plinths etc.) and every surface touched by the patient (including door handles) after each patient leaves.
- After every patient the therapist will have to change their PPE and safely dispose of it, before the next patient arrives to the clinic.